



Lifted Living

House Cleaning + Home Services

Deep & Routine Cleaning Checklist

Kitchen & Laundry Areas

1. Remove cobwebs
2. Dust light fixtures
3. Dust blinds
4. Clean window sills
5. Clean & disinfect in/out of microwave
6. Clean & disinfect counter tops
7. Clean & disinfect top of stove range
8. Wipe fronts of cabinets
9. Clean exterior of fridge/freezer
10. Clean exterior of small kitchen appliances
11. Polish stainless steel appliances
12. Clean & disinfect sink
13. Dust/wipe exterior of washer, dryer, & dishwasher
14. Vacuum & mop floor

Bathrooms

1. Remove cobwebs
2. Clean fronts of cabinets
3. Dust light fixtures, fans, etc
4. Clean window sills
5. Clean mirrors
6. Clean & disinfect sink & polish chrome
7. Clean & disinfect countertops
8. Clean & disinfect toilet/bathtub/shower
9. Dust & spot wipe baseboards
10. Clean/disinfect floors

Dining Room & Living Room

1. Remove cobwebs
2. Dust blinds
3. Clean window sills
4. Dust/wipe furniture
5. Dust baseboards
6. Vacuum Floor
7. Mop (if applicable)

General

1. Empty trash in bathrooms
2. Spot clean interior doors
3. Clean light switch plates
4. Spot wipe fingerprints on wall
5. Vacuum & mop all floors
6. Dust & wipe interior stair railings
7. Dust ceilings for cobwebs

Bedrooms & Office Areas

1. Remove cobwebs
2. Dust blinds
3. Clean window sills
4. Dust & spot wipe baseboards
5. Dust furniture
6. Vacuum
7. Mop (if applicable)

Special Requests

1. Laundry
2. Wash dishes
3. Make beds & change linens
4. Clean inside oven/fridge/freezer
5. Clean inside cupboard/closet/etc
6. Vacuum/polish furniture
7. Empty trash besides bathroom

**Most special request items listed below are charged extra on a case by case basis. Please notify us if you would like to add any of the below items to your regular service. We will tailor your cleaning service and price to meet your needs.

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Comments/Notes For Cleaner(s) _____
