



1824 N. Last Chance Gulch Helena, MT 59601
 Phone: 406-594-6972 Fax: 406-513-1055

IOP SCHEDULE

Monday:	Psychoeducational Group	4pm – 6pm
	Process Group	6pm – 7pm
Tuesday:	Process Group	4pm – 7pm
Wednesday:	Process Group	4pm – 7pm
Thursday:	Psychoeducational Group	4pm – 6pm
	Process Group	6pm – 7pm
Friday:	Process Group	4pm – 7pm
Saturday	Anger Management Group	12pm-3pm
As Scheduled/ Needed	1:1 individual appointment:	1hr
	Mental Health Counseling	1 hr
	Peer Support Specialist:	1hr

- Clients can choose which days and times to attend depending on program meeting the minimum of 9 hours per week including 3 service types.
- Groups are subject to change depending on the client's needs. A client may participate in whichever groups he needs to be successful.
- If the client does not have transportation Colman Community Services will provide transportation. Transportation must be requested 24 hrs in advance.
- Urinalysis testing via Millennium Health will be provided 2-3 times per week during IOP treatment, on a random basis.

Coming Soon, Circle of Security Parenting Group & Batterer's Intervention Group