

No lunch Saturday-Sunday



Weekdays: 11am-3pm

Grilled Chicken Breast Salad \$15

Grilled Chicken Breast on a bed of Arugula, Spinach, Cucumbers, and Sliced avocado

Grilled Atlantic Salmon Salad \$16

Grilled Atlantic Salmon on a bed of Arugula, Spinach, Cucumbers, and Sliced Avocado

Grilled Bahamas Shrimp Salad \$17

Grilled Bahamas Shrimp on a bed of Arugula, Spinach, Cucumbers, and Sliced Avocado

Jerk Chicken Pizza \$15

A flatbread with chicken seasoned with jerk sauce

Jerk Salmon Pizza \$16

A flatbread with fresh Atlantic salmon seasoned with jerk sauce

Curry Chicken \$15

Trinidadian Style. Comes with Basmati Rice and Veggies

Salmon Burger \$15

Comes with Salad


Grenadian Chicken Brown Stew \$14

Comes with Basmati Rice and Veggies

Jerk Burger \$15

Double Patty Beef Burger on Brioche Bread

Bahamas Shrimp & Pasta \$20

Large Grilled Shrimp from the Bahamas with fresh handmade spaghetti pasta from 


Guyana Salmon Steamed in Coconut Milk & Shadow Benny \$20

Comes with Basmati Rice and Vegetables

Jambalaya Rice with Bahamas Shrimp \$21

**New
Items
Alert!**

Pasta Bolognese \$15

Spaghetti Pasta with beef 

Four Cheese Pasta \$12

Penne Pasta with a variety of cheese

Curry Chicken in a Bread Bowl \$15

Stew Chicken in a Bread Bowl \$15

Veggie Burger \$15

Made from a base of chickpeas and spinach

Ask about our special items of the day