Communication is everything in all relationships, including business. Communication is not assuming the worst without evidence, it’s not accusing, and it’s not taking offence. It is believing the best, giving the benefit of the doubt, until proven wrong. It’s asking, instead of forming our own illusion, a mindset of what we believe to be true. Old wounds deliver uncontrolled emotional communication, sending us into survival mode. Negative past experiences that are embedded in us bring scars that reopen the wounds of toxic communication if not healed. Truth is what brings healing and healthy communication.

Typically, we inherit our Core/False Beliefs from friends or family, and they are often reinforced through strong emotional experiences that seem to validate them. Over time, these ‘false beliefs’ get stuck in our psyche as ‘parts of us develop a strong emotional allegiance to them. They FEEL true.

Preconceived ideas and assumptions Ecclesiastes 10:13-20 & John 7:32-52 the thoughts come from the heart (everyone who does evil hates light and will not come into the light for fear that their deeds will be exposed (John 3:20).

* **Ecclesiastes 10:13-20**: This passage says that fools base their thoughts on foolish assumptions. (assuming motives of others, (evil)), assuming the future is predicted, The Bible encourages obtaining true facts to avoid forming unfounded opinions and false beliefs. Ecclesiastes 10:13-15 Mark 2 :13-15
* **John 7:32-52**: This passage discusses preconceived ideas.  A **preconceived** is defined as an **idea** formed before having the evidence of its truth. Illusion **noun** - A conception or image created by the imagination and having no objective reality. synonym of preconceived
* **Other words for illusion, delusion**, fantasy, deception, mirage, phantasm, chimera, semblance, dream.
* **Other words for preconceived ideas? Preconception, prepossession, preconceived opinion. Parti pris, assumption, prejudgment, bias, delusion, presumption.**
* **What opinions are you forming beforehand that aren’t true? Very darkful, jealous, hateful, judgmental ideas, destructive ideas. I’ve heard these things before, especially when there is a divorce, parents have preconceived thoughts of their children and how they should turn out.**
* **1. My son or daughter is going to be a loser and quit school be like his father or mother, he will never be a good man, always no good for nothing like his father or mother. (when there are problems with split families).**
* **2. People assume, because the last partner cheated on them or because their father and mother cheated, you cannot trust your current partner. Everything the current partner does is mistrusting.**
* **3. Because someone did an offense to them it was done purposefully, never finding out the truth, because they don’t know how to have healthy communication. Because they hear gossip, they believe lies or allow false ideas from others.**

**Comparison is one of the biggest challenges we face in a society of fake social media, Botox, Vanity and lust are real. assuming someone is not a good partner, because they have a different background, assuming someone is not trustworthy based on their appearance or believing a partner needs to be exactly like you to be compatible. Assuming, because someone does not look in a certain way, they are not smart or not reliable. That was the problem with Jesus, there preconceived ideas, the hypocrites thought he should look and act a certain way. Another assumption is that it is because someone is older, they set in their ways and are more mature. If someone has been cheated on before, they assume the same results from the new partner, Unrealistic expectations can also lead to disappointment and arguments when a partner does not live up to those preconceived notions.**

**Wisdom and humility confront sin, be open to learning, challenge your biases, try to understand other perspectives, examine our thoughts,**

* **Wrong thinking**: Sinful illusions can arise from wrong thinking, such as the belief that disobeying God will lead to a better outcome.
* **Self-deception**: Self-deception is a tool that sin uses to hide itself. It can lead to false assurance of salvation. When we hide things, we create an illusion that everything looks good on the outside, each time we sin we continue to make the hole deeper. I thought about this think of a mother who wants to look good and she wants her family to look good, she never makes the child take accountability growing up, say she buys a birthday card puts money in it and the child gives that card, it teaches him no responsibility or accountability and he is raised to pretend to act a certain way. Raised to always be protected with his ego, never having a consequence.
* **We become into the sin of ego which stems from pride which causes vanity**. It is all the root of insecurity of hiding sin. It’s the cause of inaccurate situations, self-assessment and distorted views of situations.
* Which causes self-justification individuals with large ego may rationalize their actions and beliefs to maintain their perception, even if it means distorting reality.
* When the ego is really influenced, a person lacks the ability to accurately assess their own flaws and limitations, further contributing to false beliefs.
* **The deceitfulness of sin**: Sin can harden the heart and lead to unbelief.
* **Misattribution**: Reliance on intuition can lead to false beliefs
* In Christianity, sin can lead to false beliefs and illusions through wrong thinking, self-deception, and the deceitfulness of sin
* **Genesis 6:5**: This passage says that in the days of Noah, God saw that the thoughts of man's “heart was only evil continually”.
* **Proverbs 28:1**: This passage says that preconceived ideas limit people from being the powerful and bold people that God wants them to be.

What are preconceived notions?

Preconceived notions are ideas, beliefs, or opinions that people form about something or someone without enough information or experience. They can be shaped by limited knowledge, past experiences, cultural influences, or personal biases.

The wrong mind set usually stems from a past rejection, offense, no-accountability, it’s all rooted in sin, whether the sin was done to you or you done to someone else. Think about it, way back whether you were rejected from your mother, father, family member, or even a group, friend, opposite sex and when we don’t know our identity in God, we suffer always finding that illusion, wrong thinking and fulfillment in someone else or our reactions of rejections. Divorce is a form of rejection, when someone leaves us and all the experiences we have in our mind with that person, we take that rejection, trauma into our next relationships, with the illusions of this person being the same person. Rejection is real but Jesus because he did not fit their preconceived ideas.